



Monday	Tuesday	Wednesday	Thursday	Friday
Macaroni with cheese sauce <span>01</span> <span>07</span>	Moussaka	Cream of "sopas"	Rice soup	Peeled beans
Potato Cajun style	Vegetable salad	Fish mallorcan style <span>04</span>	Scrambled eggs with mushrooms and salad <span>03</span>	Grilled fish with vegetables <span>04</span>
Pear	Melon	Apple	Orange	Banana

### Ideas for dinner

Chicken with garlic and salad	Soup	Pizza	Bread with oil	Hamburgers
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